

VIP Year 10 Alive Themes

Term	Alive Theme	What we do	How it helps students to develop that Alive theme
1	Research, contribute, communicate	Every Y10 students do a work experience placement	Students research suitable placements and send emails to prospective businesses to secure a placement.
2	Resilience	Mental health unit	Students learn about common mental health problems and organisations/ sources of support.
3	Resilience	Relationships & drugs units	Students learn strategies to resist peer-pressure in relation to relationships, drugs and alcohol.
4	Diversity and choice	Relationships unit	Students learn about pregnancy options (parenting, abortion, adoption) and methods of contraception that people may choose or oppose.
5	Interdependent	Grief & bereavement lesson	Students learn emotions people may feel after a bereavement and how to support others. Sources of support are given such as the charity Winston's Wish and Young Minds which can give guidance on grief.

VIP Year 11 Alive Themes

Term	Alive Theme	What we do	How it helps students to develop that Alive theme
1	Review, question, research	Post-16 options	Students learn about A Levels, T Levels and apprenticeships and research local providers to find what suits their aspirations.
2	Question	Fake news & extremism lessons	Students question sources for bias and learn how to identify fake news. Students also learn how to recognise extremist beliefs & sources of support and how to report concerns.
3	Ourselves & resilient	Health unit	Students learn how to self-examine chest/ breasts and testicles to check and know symptoms of cancer. Students learn laws and how to be safe when having tattoos and/ or piercings.
4	Diversity & choice	Organ donation	Students learn about reasons why people opt-out or support organ donation and choices about what organs/ tissues can be donated.
5	Justice and respect	Identities unit	Students learn about intersectionality and sexual harassment; what these terms mean and how to show respect to all or report concerns.
6	Communicate	Post-16 options	Students learn how to write an effective C.V and how to prepare and present well at interviews.