

## PE Scheduling Overview 2024-25

### YEAR 7

DATES	CLASS	Strand	Suggested Activities	Doubles Venue	Singles Venue
04-Sep	7-1	Intro block	Introductory lessons		
	7-2	Intro block	Introductory lessons		
	7-3	Intro block	Introductory lessons		
27-Sep	7-4	Intro block	Introductory lessons		
30-Sep	7-1	Outwitting opponents	Striking and Fielding / Invasion games	Arena/ Sportshall	Arena
	7-2	Performing at maximum levels	Athletics	Sportshall/ Arena	Sportshall
	7-3	Identifying and solving problems	Problem solving	Gym/ Courts	Gym
01-Nov	7-4	Outwitting opponents	Invasion games	Courts/ Gym	Courts
04-Nov	7-1	Outwitting opponents	Invasion games	Fields	Arena
	7-2	Outwitting opponents	Invasion games	Fields	Arena
	7-3	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
29-Nov	7-4	Exercise safely and effectively	Health related exercise /Swimming	Gym/ Pool	Gym
02-Dec	7-1	<b>House competitions</b>			
	7-2				
	7-3				
06-Dec	7-4				
09-Dec	7-1	Outwitting opponents	Invasion games	Fields	Arena
	7-2	Outwitting opponents	Invasion games	Fields	Arena
	7-3	Outwitting opponents	Invasion games	Arena/ Courts	Courts
17-Jan	7-4	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
20-Jan	7-1	Exercise safely and effectively	Health related exercise	Courts / Gym	Courts
	7-2	Exploring ideas/ Exercise safely and effectively	Gymnastics/ Health related exercise	Gym/ Courts	Gym
	7-3	Outwitting opponents	Invasion games	Sportshall/ Arena	Sportshall
14-Feb	7-4	Outwitting opponents	Invasion games	Arena/ Sportshall	Arena
24-Feb	7-1	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	7-2	Accurate replication	Swimming	Pool/ Gym	Pool
	7-3	Outwitting opponents	Invasion games	Arena / Courts	Arena
21-Mar	7-4	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
24-Mar	7-1	Accurate replication	Swimming	Pool/ Gym	Pool
	7-2	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	7-3	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
02-May	7-4	Outwitting opponents	Striking and Fielding	Arena / Courts	Arena
05-May	7-1	Performing at maximum levels	Athletics	Fields	Arena
	7-2	Performing at maximum levels	Athletics	Fields	Arena
	7-3	Exercise safely and effectively	Health related exercise /Swimming	Gym/ Pool	Courts
06-Jun	7-4	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
09-Jun	7-1	<b>House competitions</b>			
	7-2				
	7-3				
13-Jun	7-4				
16-Jun	7-1	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
	7-2	Exercise safely and effectively	Health related exercise	Gym/ Courts	Gym
	7-3	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena
04-Jul	7-4	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena

**YEAR 8**

<b>DATES</b>	<b>CLASS</b>	<b>Strand</b>	<b>Suggested Activities</b>	<b>Doubles Venue</b>	<b>Singles Venue</b>
<b>04-Sep</b>	8-1	Exploring ideas/ Exercise safely and effectively	Gymnastics/ Health related exercise	Sportshall/ Gym	Gym
	8-2	Outwitting opponents	Striking and Fielding / Invasion games	Sportshall/ Gym	Courts
	8-3	Performing at maximum levels	Athletics	Fields	Arena
<b>27-Sep</b>	8-4	Performing at maximum levels	Athletics	Fields	Sportshall
<b>30-Sep</b>	8-1	Outwitting opponents	Striking and Fielding / Invasion games	Arena/ Sportshall	Arena
	8-2	Performing at maximum levels	Athletics	Sportshall/ Arena	Sportshall
	8-3	Identifying and solving problems	Problem solving	Gym/ Courts	Gym
<b>01-Nov</b>	8-4	Outwitting opponents	Invasion games	Courts/ Gym	Courts
<b>04-Nov</b>	8-1	Outwitting opponents	Invasion games	Fields	Arena
	8-2	Outwitting opponents	Invasion games	Fields	Arena
	8-3	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
<b>29-Nov</b>	8-4	Exercise safely and effectively	Health related exercise /Swimming	Gym/ Pool	Gym
<b>02-Dec</b>	8-1	<b>House competitions</b>			
	8-2				
	8-3				
<b>06-Dec</b>	8-4				
<b>09-Dec</b>	8-1	Outwitting opponents	Invasion games	Fields	Arena
	8-2	Outwitting opponents	Invasion games	Fields	Arena
	8-3	Outwitting opponents	Invasion games	Arena/ Courts	Courts
<b>17-Jan</b>	8-4	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
<b>20-Jan</b>	8-1	Exercise safely and effectively	Health related exercise	Courts / Gym	Courts
	8-2	Exploring ideas/ Exercise safely and effectively	Gymnastics/ Health related exercise	Gym/ Courts	Gym
	8-3	Outwitting opponents	Invasion games	Sportshall/ Arena	Sportshall
<b>14-Feb</b>	8-4	Outwitting opponents	Invasion games	Arena/ Sportshall	Arena
<b>24-Feb</b>	8-1	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	8-2	Accurate replication	Swimming	Pool/ Gym	Pool
	8-3	Outwitting opponents	Invasion games	Arena / Courts	Arena
<b>21-Mar</b>	8-4	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
<b>24-Mar</b>	8-1	Accurate replication	Swimming	Pool/ Gym	Pool
	8-2	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	8-3	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
<b>02-May</b>	8-4	Outwitting opponents	Striking and Fielding	Arena / Courts	Arena
<b>05-May</b>	8-1	Performing at maximum levels	Athletics	Fields	Arena
	8-2	Performing at maximum levels	Athletics	Fields	Arena
	8-3	Exercise safely and effectively	Health related exercise /Swimming	Gym/ Pool	Courts
<b>06-Jun</b>	8-4	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
<b>09-Jun</b>	8-1	<b>House competitions</b>			
	8-2				
	8-3				
<b>13-Jun</b>	8-4				
<b>16-Jun</b>	8-1	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
	8-2	Exercise safely and effectively	Health related exercise	Gym/ Courts	Gym
	8-3	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena
<b>04-Jul</b>	8-4	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena

## YEAR 9

DATES	CLASS	Strand	Suggested Activities	Doubles Venue	Singles Venue
04-Sep	9-1	Exploring ideas/ Exercise safely and effectively	Gymnastics/ Health related exercise	Sportshall/ Gym	Gym
	9-2	Outwitting opponents	Striking and Fielding / Invasion games	Sportshall/ Gym	Courts
	9-3	Performing at maximum levels	Athletics	Fields	Arena
27-Sep	9-4	Performing at maximum levels	Athletics	Fields	Sportshall
30-Sep	9-1	Outwitting opponents	Striking and Fielding / Invasion games	Arena/ Sportshall	Arena
	9-2	Performing at maximum levels	Athletics	Sportshall/ Arena	Sportshall
	9-3	Identifying and solving problems	Problem solving	Gym/ Courts	Gym
01-Nov	9-4	Outwitting opponents	Invasion games	Courts/ Gym	Courts
04-Nov	9-1	Outwitting opponents	Invasion games	Fields	Arena
	9-2	Outwitting opponents	Invasion games	Fields	Arena
	9-3	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
29-Nov	9-4	Exercise safely and effectively	Health related exercise /Swimming	Gym/ Pool	Gym
02-Dec	9-1	<b>House competitions</b>			
	9-2				
	9-3				
06-Dec	9-4				
09-Dec	9-1	Outwitting opponents	Invasion games	Fields	Arena
	9-2	Outwitting opponents	Invasion games	Fields	Arena
	9-3	Outwitting opponents	Invasion games/Swimming	Arena/ Pool	Courts
17-Jan	9-4	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
20-Jan	9-1	Exercise safely and effectively	Health related exercise	Courts / Gym	Courts
	9-2	Exploring ideas/ Exercise safely and effectively	Gymnastics/ Health related exercise	Gym/ Courts	Gym
	9-3	Outwitting opponents	Invasion games	Sportshall/ Arena	Sportshall
14-Feb	9-4	Outwitting opponents	Invasion games	Arena/ Sportshall	Arena
24-Feb	9-1	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	9-2	Accurate replication	Swimming	Pool/ Gym	Pool
	9-3	Outwitting opponents	Striking and Fielding	Arena / Courts	Arena
21-Mar	9-4	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
24-Mar	9-1	Accurate replication	Swimming	Pool/ Gym	Pool
	9-2	Identifying and solving problems	Problem solving	Gym/ Pool	Gym
	9-3	Exercise safely and effectively	Health related exercise	Courts /Arena	Courts
02-May	9-4	Outwitting opponents	Striking and Fielding	Arena / Courts	Arena
05-May	9-1	Performing at maximum levels	Athletics	Fields	Arena
	9-2	Performing at maximum levels	Athletics	Fields	Arena
	9-3	Exercise safely and effectively	Health related exercise	Gym/ Courts	Courts
06-Jun	9-4	Identifying and solving problems	Problem solving	Courts/ Gym	Gym
09-Jun	9-1	<b>House competitions</b>			
	9-2				
	9-3				
13-Jun	9-4				
16-Jun	9-1	Accurate replication	Swimming/ Health related exercise	Pool/ Gym	Pool
	9-2	Exercise safely and effectively	Health related exercise	Gym/ Courts	Gym
	9-3	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena
04-Jul	9-4	Performing at maximum levels	Athletics / Striking and fielding	Fields	Arena

YEAR 10

DATES	CLASS	Strand	Suggested Activities	Doubles Venue	Singles Venue				
04-Sep	10-1	Outwitting opponents	Invasion Games	Sportshall	Sportshall				
	10-2	Exercise safely and effectively	Health related exercise	Gym/ Arena	Gym				
	10-3	Outwitting opponents	Striking and fielding	Fields	Arena				
27-Sep	10-4	Outwitting opponents	Striking and fielding	Fields	Arena				
30-Sep	10-1	Outwitting opponents	Invasion games	Fields	Arena				
	10-2	Outwitting opponents	Invasion games	Fields	Arena				
	10-3	Outwitting opponents	Sport education	Sportshall	Sportshall				
01-Nov	10-4	Exercise safely and effectively	Health related exercise	Gym/ Arena	Gym				
04-Nov	10-1	Outwitting opponents	Invasion games	Fields	Arena				
	10-2	Outwitting opponents	Invasion games	Fields	Arena				
	10-3	Outwitting opponents	Invasion games	Courts/ Gym	Courts				
29-Nov	10-4	Identifying and solving problems	Problem solving	Gym/ Courts	Gym				
02-Dec	10-1	<b>House competitions</b>							
	10-2								
	10-3								
06-Dec	10-4	<b>House competitions</b>							
09-Dec	10-1					Identifying and solving problems	Problem solving	Pool/ Arena	Pool
	10-2					Outwitting opponents	Sport education	Arena	Arena
	10-3	Leadership (Exercise safely and effectively)	Leadership (Exercise safely and effectively)	Gym	Gym				
17-Jan	10-4	Exploring and communicating ideas	Dance	Main Hall	Main Hall				
20-Jan	10-1	Leadership	Leadership (Football)	Arena	Arena				
	10-2	Outwitting opponents	Sport education	Gym	Gym				
	10-3	Performing at maximum levels/ Outwitting opponents	Indoor athletics/ Net/Wall	Sportshall/ Courts	Sportshall				
14-Feb	10-4	Outwitting opponents	Invasion games	Courts/ Sportshall	Courts				
24-Feb	10-1	Exercise safely and effectively	Health related exercise	Gym/ Pool	Gym				
	10-2	Identifying and solving problems	Problem solving	Pool/ Gym	Pool				
	10-3	Outwitting opponents	Invasion games	Arena/Main Hall	Arena				
21-Mar	10-4	Leadership (Exercise safely and effectively)	Leadership (Exercise safely and effectively)	Main Hall/Arena	Main Hall				
24-Mar	10-1	Outwitting opponents	Striking and fielding	Courts/Arena	Arena				
	10-2	Outwitting opponents	Striking and fielding	Arena/Courts	Arena				
	10-3	Identifying and solving problems	Problem solving	Gym/ Pool	Gym				
02-May	10-4	Identifying and solving problems	Problem solving	Pool/ Gym	Pool				
05-May	10-1	Options							
	10-2	Options							
	10-3	Options							
06-Jun	10-4	Options							
09-Jun	10-1	<b>House competitions</b>							
	10-2								
	10-3								
13-Jun	10-4	<b>House competitions</b>							
16-Jun	10-1					Options			
	10-2					Options			
	10-3	Options							
04-Jul	10-4	Options							